

MINUTES
PSAC ATHLETIC ADMINISTRATORS' SPRING MEETING
Hilton Garden Inn, State College, PA
April 5, 2017

- I. The Meeting was called to order at 9:00 am, Wednesday, April 5 by chairperson Bruce Baumgartner (Edin). Those present included: Steve Murray, Carlin Chesick, Chris Parker (PSAC); Mike McFarland, Kathy Heitzman (Bloom); Karen Hjerpe, Jenny Morrison (Cal); Wendy Snodgrass, DJ Bevevino (Clarion); Josh Looney, Jo Greenawalt (E. Stroud); Bruce Baumgartner, Todd Jay (Edin); Lisa Goddard McGuirk, Randy Zimmerman (Gannon); Steve Roach, Samantha Traver (IUP); Greg Bamberger, Michelle Gober (Kutz); Tom Gioglio (LHU); Ryan Ehrie, Diane Monkiewicz (Mans); Joe Kimble, Lauren Webster (Mercy); Miles Gallagher, Larry Earnesty (Mill); Pat Pecora, Katrin Wolfe (UPJ) Bruce Ivory, Chris Snyder, Renee Kania (Seton Hill); Carrie Michaels, Jeff Michaels, Ashley Grimm (Ship); Paul Lueken, Torry Rollins (SRU); Ed Matejkovic, Kelli Milliner, Terry Beattie (WCU)
- II. Requests for Reordering Agenda – One item move, Basketball Reports to start of Sports Committee Reports
- III. Announcements
Commissioner Murray provided the group with an update on the Football Officiating Summit, plans for a Basketball Officiating Summit, Compliance Reviews, the Atlantic Region Compliance Seminar and the upcoming PSAC Spring Sportsmanship week
- IV. Approval of Fall Minutes
MOTION (Lueken): To approve the Minutes of the October 2016 meeting as presented
SECOND (Jay)
MOTION PASSES
- V. Reports
 - A. Awards Committee – Murray
Announced that PSAC Administrative Service Awards would be presented to Dr. Edward Matejkovic (West Chester) and Steve McCloskey (Mansfield) upon the announcement of their retirement from their respective institutions

MOTION (Jay) That the PSAC Coaches Service Award be present to Bertie Landes (Shippensburg/Field Hockey), Jamie Rudisill (West Chester/Swimming) and Merrillyn Gibbs (California/Women's Golf) for their service to the PSAC exceeding 10 years and with the announcement of their retirement from their positions.
SECOND (J Michaels)
MOTION PASSES
 - B. Media Relations/Communications – Parker
Announced plans for the 2017 PSAC Football Media Day for either August 2 or 3 and passed along plans for an updated format to the PSAC Website with plans to unveil in Summer 2017.
 - C. PSAC Officiating Committee – Jay
Provided an update on the Committee's meetings the previous evening with the Basketball Officiating Coordinator and the Field Hockey/Lacrosse Officiating Coordinator

MOTION (Jay) That following the initial three-year agreement with an officiating coordinator or organization that PSAC would be required to seek outside proposals for coordinator positions every 5 years, rather than the current 3 years.
SECOND (Hjerpe)
MOTION PASSES

- D. PSAC Championships Committee – C. Michaels
Updated the group on its deliberations regarding proposals from each coaching group. Would weigh-in on each item as it was discussed
- E. NCAA Division II Management Council – Murray
No report other than an upcoming meeting in Indianapolis
- F. NCAA Committee on Safeguards and Medical Aspects – Murray
Brief discussion on the upcoming changes to football practice protocols. Advised the administrators to review their policies and documentation on educating student-athletes regarding the NCAA drug testing policies and penalties.
- G. NCAA Division II Nominating Committee – Heitzman
No report. If individuals have nominated for open positions, they should feel free to contact Kathy.
- H. NCAA Division II Membership Committee – Chris Snyder
Division II had no new member applications for 2017.
- I. NCAA Division II Championships Committee - Bamberger
Primary discussion centered on the Regionalization Working Group proposals and thoughts about reseeding brackets in order to limit conference v. conference play in the first round of tournaments.
- J. Division II Athletics Directors Association – Lueken
Reminded the group to renew their membership, to submit nominations for the D2ADA Scholar-Athlete lists and that the NACDA convention would be in Orlando this coming summer.
- K. PSAC Advisory Council – Murray
Reminded the group that Jeff Michaels and Wendy Snodgrass were the AA reps on the Advisory Council and that in October 2017 two new members should be selected.

VI New Business – from Conference Office

- 1. Web-Streaming Update
Brief discussion on plans to rollout webstreaming with Stretch Internet. That a survey on equipment needs, primary contact and how to received reimbursement from the league for equipment purchases was discussed.
- 2. New Logo Use and Timeframe | Banners
Commissioner Murray thanked the group for the help in rolling out the new logo and use of a portion of the NCAA grant for consistent banner purchases. The new logo should be on all uniforms by January 2020 as new uniforms are purchased. There is no requirement to place the logo on courts or fields, only guidelines for placement.

VII. Sport Committee Reports

- 1. Men's & Women's Basketball - Heitzman and Traver
MOTION (Traver): To mandate that regardless of start time or order of games, on court warm-up time will be limited to 30 minutes in the first game and to no less than 30 in the second game in PSAC mandated doubleheaders in the sport of basketball
SECOND (C. Michaels)
MOTION FAILS: 10-24
- MOTION: (Traver): That in the sport of men's basketball, the PSAC reseed during the Final Four of the Conference Tournament, to insure that the host team plays the lowest seed from the opposite division in the semifinals**
SECOND (C. Michaels)
MOTION PASSES 21-13

MOTION: (Traver) That in the sport of basketball, to increase the number of players selected to the first and second team divisional all-conference awards from 6 to 7 athletes (12 to 14 total recognized)

SECOND (Heitzman)

MOTION PASSES 29-5

2. Volleyball – Hjerpe

MOTION: (Hjerpe) That in the sport of volleyball, the home team wears dark at home and the visiting team would wear light or a contrasting color. If playing conference mandated matches on two consecutive days, then home is dark the first day/visitor light or a contrasting color the first day.

Second day Home is light or a contrasting color /Visitor dark

SECOND (Traver)

MOTION PASSES

MOTION: (Hjerpe) That in the sport of volleyball, the requirement to use assigned line judges from the Officiating Coordinator only be applicable for mandated league play and non-conference dual match play. (regular season tournaments could be assigned by the host institution if desired)

SECOND (Roach)

MOTION PASSES

MOTION: (Hjerpe) That in the sport of volleyball, that upper classman athletes or students with prior volleyball experience may be used as line judges for regular season tournaments and non-mandated schedule.

LACK OF SECOND

MOTION (Hjerpe): In the sport of volleyball – in game stats are to be provided at the conclusion of each set to each coach and then also at the conclusion of the match.

SECOND (Snodgrass)

MOTION FAILS

There was a brief discussion about future scheduling for the league with the addition of Bloomsburg as a sponsoring institution in Fall 2018. The conference office will work with the coaches to develop a schedule over the summer.

2. Football – Bamberger

Discussed the new practice protocols for NCAA football, updated the group as best as possible.

Member institutions will be free to use the NCAA Waiver to allow teams to begin practice on August 7 at their discretion.

3. Soccer – Gallagher and McFarland

MOTION (McFarland): That for the PSAC Men's Soccer Championship Quarterfinals to start no earlier than 1pm and no later than 6pm.

SECOND (J Michaels)

MOTION PASSES

MOTION (McFarland) That for the sport of Soccer, the PSAC follow the NCAA Pregame Protocol for all regular-season matches (per page 35 of the Rule Book).

SECOND (Snyder)

MOTION PASSES

4. Field Hockey – Grimm

MOTION (Grimm) For the PSAC Championship Tournament, the host institution will play in the second semi-final game (as long as there continues to be a day break in between the semifinals and championship match).

SECOND (Hjerpe)

MOTION FAILS

MOTION (Grimm): To amend 3.2.2 Championship Practice Times as follows: 3.2.2.1 Practice times the day before the PSAC semifinals will be provided to teams in the following priority:

- a. Higher seed in the first semifinal game will have first choice between the two earlier practice times.
- b. Lower seed in the first semifinal game will have remaining option between the two earlier practice times.
- c. Host will have first choice between the two later practice times.
- d. Lower seed in the second semifinal game will have remaining option between the two later practice times.

SECOND (Hjerpe)

MOTION FAILS

Kelli Milliner (West Chester) was appointed as the new Sports Chairperson (Liaison) for Field Hockey

5. Athletic Trainers – Rollins

MOTION: (Rollins) To adopt the Mental Health Guidelines as written by PSAC athletic trainer mental health committee's with a goal to have in place by August 1st, 2018 at all member institutions

See Attachment A

SECOND: (Traver)

MOTION PASSES

MOTION: (Rollins) To eliminate any mandated conference play from Sunday competition schedules in the PSAC

SECOND: (Jay)

MOTION FAILS

6. Wrestling – Baumgartner

MOTION: (Baumgartner) That Kutztown serve as host site for the 2018 PSAC Championships on December 8.

SECOND (Bamberger)

MOTION PASSES

Held a brief discussion regarding the fate of the PSAC championship and how DI teams intermingle with the DII teams. A working group of 3 coaches will discuss options this summer with presentations for the coaches and the administrators in the Fall.

7. Sports Information Directors – Jay

MOTION: (Jay) To eliminate any mandated conference play from Sunday competition schedules in the PSAC

LACK OF SECOND

8. Golf – Kauffman and Wolfe

MOTION: (Roach) That beginning with the 2017 PSAC Golf Championship the league conduct a 54-hole event for both men and women

SECOND: (Matejkovic)

PASSED (12-10-12)

MOTION to RECONSIDER (Hjerpe) PASSED 24-10

UPON RECONSIDERATION THE MOTION FAILED (12-14-8)

MOTION (Roach) That the PSAC Men's Golf Championship be conducted as a 54-hole event for the Men beginning in 2017

SECOND (Traver)

MOTION FAILS 10-10-14

9. Swimming – Snodgrass

MOTION: (Snodgrass) That the PSAC Swimming Championships move to a Wednesday-Saturday format during the week it is conducted. (currently a Thursday-Sunday format)

SECOND (Roach)

MOTION PASSES

11. Compliance Coordinators – Heitzman

Updated the group on previous days meetings, particularly discussion about future conference involvement in the Division II Regional Compliance Seminars.

12. Baseball – Webster

No Report

13. Softball – Traver

No Report

14. Cross-Country/Track & Field – Barney & Roberts

Discussion on long term hosting of the indoor championship was considered. The conference office will work with Edinboro and the track coaches to develop a rotational hosting program, similar to what is used for swimming to provide primary coverage for the championship at Edinboro

15. Men's & Women's Tennis – Heitzman

MOTION: (Heitzman) That in the sport of tennis to stagger the start time of the men's and women's tennis championship matches between 9am and noon to insure additional coverage from officials during the title matches.

SECOND (Bamberger)

MOTION PASSES

MOTION: (Heitzman) That in the sport of tennis to conduct the Singles/Doubles Championship in the Fall on a Saturday through Monday format (currently Friday-Sunday).

SECOND (J. Michaels)

MOTION PASSES

MOTION: (Heitzman) That in the sport of tennis, a certified ITA official be assigned for all regular season mandated matches

SECOND (Traver)

MOTION FAILS

16. Lacrosse – Gober

No Report

VIII. Other Items

1. Strategic Initiative Grant for 2017-18

The Athletics Administrators reviewed the Conference Office's proposed uses for the NCAA Strategic Initiative Grant and voiced its support in a straw vote.

2. Executive Committee Elections

The Athletics Administrators conduct elections for their Executive Committee for 2017-18

Chair – Mike McFarland, Bloomsburg

Vice Chair – Karen Hjerpe, California

At-Large – Carrie Michaels, Shippensburg

At-Large – Chris Snyder, Seton Hill

Past Chair – Bruce Baumgartner, Edinboro

IX. Requested Agenda Items

1. Game Contract Networking – Grimm

A contact list was circulated regarding primary contacts for exchange of regular season game contracts.

X. Old Business

None

XI. Future Meetings.

1. SWA Meeting: May 22, 2017 at Harrisburg

1. May Board of Directors: May 23, 2017

2. October AA Meeting: October 3-4, 2017 (Tues-Wed)

Meeting Adjourned 1:15 pm

Pennsylvania State Athletic Conference Mental Health Best Practices Checklist

1. **Clinical Licensure of Practitioners Providing Mental Health Care**

- A. Mental health care of student-athletes should be done in collaboration with the primary athletics health care providers (athletic trainers and team physicians) and the licensed practitioners who are qualified to provide mental health services.
- B. Formal mental health evaluation and treatment for student-athletes is provided **ONLY** by practitioners who are qualified to provide mental health services (clinical or counseling psychologists, psychiatrists, licensed clinical social workers, psychiatric mental health nurses, licensed mental health counselors, board certified primary care physicians with core competencies to treat mental health disorders.)
- C. Individuals providing mental health care to student-athletes have autonomous authority, consistent with their professional licensure and professional ethical standards, to make mental health management decisions for student-athletes.
- D. Individuals providing mental health care to student-athletes should have cultural competency in treating student-athletes from diverse racial, ethnic, gender identified, and other unique cultural experiences influencing help-seeking.
- E. Individuals providing mental health care to student-athletes ideally should have cultural competency in working with collegiate student-athletes, as evidenced by professional training related to athletics, continuing education courses related to athletics or other professional development activities or experiences related to athletics.

2. **Procedures for Identification and Referral of Student-Athletes to Qualified Practitioners**

i. Mental Health and Catastrophic Emergency Action Plan (MHCEAP) that specifies:

- A. Situations, symptoms or behaviors that are considered mental health emergencies.
- B. Written procedures for management of the following mental health emergencies:
 - 1) Suicidal and/or homicidal ideation.
 - 2) Sexual assault
 - 3) Highly agitated or threatening behavior, acute psychosis or paranoia.
 - 4) Acute delirium/confusional state.
 - 5) Acute intoxication or drug overdose.
- C. Situations in which the individual responding to the crisis situation should immediately contact emergency medical services (EMS).
- D. Individuals responding to the acute crisis should be familiar with the local municipality protocol for involuntary retention, e.g., if the student-athlete is at risk of self-harm or harm to others.
- E. Situations in which the individual responding to the crisis situation should contact a trained on-call counselor.
- F. Identifying trained on-call counselors who will be able to provide direct and consultative crisis intervention
- G. Identify the appropriate chain of contacts for notification.
- H. The management expectations of each stakeholder within athletics during a crisis situation.
- I. Specific steps to be taken after an emergency situation has resolved to support the student-athlete who has experienced the mental health emergency.
- J. A procedure for reviewing preventive and emergency procedures after the resolution of the emergency situation.
- K. A formal policy for when student-athlete family members will be contacted in the event of a mental health emergency.

ii. Routine Mental Health Referral Plan that specifies:

- A. Situations, symptoms or behaviors that may indicate a possible nonemergency mental health concern.
- B. The licensed mental health professional to whom student-athletes with possible nonemergency mental health concerns should be referred.
- C. Who should be responsible for making the referral to a licensed practitioner who is qualified to provide mental health services.

iii. Communication about mental health management plans:

- A. MHCEAPs are provided to all stakeholders within athletics who work with student-athletes, clearly specifying each stakeholder's role in managing a crisis situation.
- B. Annual communication is conducted with all stakeholders within athletics who work with student-athletes about the importance of reviewing their role in all emergency action plans – specifically the MHCEAP.
- C. All stakeholders within athletics who work with student-athletes are provided with written instructions about the practitioners to whom student-athletes with potential non-emergency mental health concerns should be referred.

3. **Pre-Participation Mental Health Screening**

- A. Screening questionnaire(s) for mental health disorders are considered as part of the pre-participation exam and should be completed annually at minimum. However, it is the recommendation of this subcommittee that regular screens be performed as certain mental health conditions change frequently.
- B. A procedure is established for when and to whom symptomatic or at-risk student-athletes identified through this screening process will be referred.
- C. All decisions related to what approach will be taken to screening (including what screening instrument to consider and what responses or scores on this instrument warrant further follow-up) will be made by the primary athletics health care providers (athletic trainers and team physicians) in collaboration with the licensed practitioners who are qualified to provide mental health services.

4. **Health Promoting Environments that Support Mental Well-Being and Resilience**

- A. The primary athletics health care providers and the licensed practitioners who are qualified to provide mental health services to student-athletes meet on an annual basis and develop strategies for educating student-athletes about institutional procedures for mental health referrals and management.
- B. All SAAC representatives and student-athletes receive information on an annual basis about:
 - 1) Signs and symptoms of mental health disorders and how to obtain mental health guidance from the primary athletics health care providers (athletic trainers and team physicians) and licensed practitioners who are qualified to provide mental health services.
 - 2) Programming about preventing and responding to sexual assault, interpersonal violence and hazing.
 - 3) Programming about peer intervention in the event of teammate mental health distress.
- C. All coaches and faculty athletics representatives receive information on an annual basis about:
 - 1) Programming to support appropriate first response to emergency situations.
 - 2) Signs and symptoms of mental health disorders.
 - 3) The importance of, and how to, create a positive team culture that promotes personal growth, autonomy and positive relations with others.
 - 4) Information about sexual assault, interpersonal violence and hazing.
 - 5) How to encourage and support team members who are facing mental health challenges to seek appropriate management and referrals from the primary athletics health care providers (athletic trainers and team physicians) and licensed practitioners who are qualified to provide mental health services.
 - 6) The specific referral process that coaches should follow if they are concerned about a student-athlete's mental health.
 - 7) The importance of understanding and helping to minimize the possible tension that can exist in student-athletes about adverse consequences for seeking mental health care.

*Adapted from the NCAA Mental Health Best Practices Guide
Recommended for Adoption by PSAC ATCs February 2017*